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## **INFORMATION AND CONSENT**

Welcome to my practice. This form outlines my policies and provides answers to questions you may have. Please read this carefully. If you have any further questions, please feel free to discuss them with me. So that you know something more about me professionally, you may be interested to know that I am a clinical psychology resident. I am also certified as a School Psychologist in Pennsylvania and Board Certified in Biofeedback. Much of my current practice is in counseling and psychotherapy, psychoeducational testing and evaluation, and ADHD coaching.

### **Services Offered**

I will offer services specifically designed to help you. These services may include individual or couples counseling, psychotherapy, biofeedback, academic coaching, or psychological testing.

### **Appointments**

Barring rare emergencies, I will see you at the time scheduled. Because this time is set aside for you, it is important that you keep this appointment. I do understand that circumstances may arise which necessitate the cancellation of occasional appointments. In these cases, I ask that you give me at least 48 hours notice (more is appreciated). This will allow me to offer your time to another client. I will charge you \$80 per hour reserved for appointments missed or cancelled with less than 48 hours advance notice.

### **Costs for Services**

Sessions are 45 minutes in duration. My standard fee is \$160 per session for individual counseling/psychotherapy, biofeedback, or coaching and \$190 per hour for family, legal and certain other services. Psychological testing and evaluations are handled differently. Except for very brief reports or messages, I will charge you for phone therapy, report writing, or other professional or administrative services at the rate of \$160 per hour, with a \$25 minimum. Payment is required at each session.

### **Health Care Insurance**

Many health insurance policies cover the services of psychologists. Reimbursement and policies vary considerably from company to company and policy to policy. You may want to check on your coverage. Managed care insurance companies often have limited mental health benefits. Health insurance is for what is considered “medically necessary” and does not cover services for legal, educational, career, or other purposes.

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I do not routinely accept insurance payment or file insurance forms in my office. I will, however, provide you with a monthly statement which has all the necessary information for you to complete your insurance forms.

**Confidentiality**

Psychological services are best provided in an atmosphere of privacy and trust. All services are confidential. Nevertheless, there are rare circumstances where I am required by law to make exceptions, such as when someone is a threat to him or herself or someone else, child abuse, or subpoena by the court. Additionally, I participate in a case conference where I may share limited information about my cases in order to ensure that you are receiving the highest quality of care.

If you choose to seek reimbursement through your insurance, be aware that this reduces your privacy, and information provided will be maintained in their databases.

Please sign this form below to indicate your agreement with these policies and consent for me to provide services to you.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date